



Blue Cottage USA is proud to introduce the Urban Defense Solutions programs. These programs are designed to take students to the next level of self-defense and survival training. For many instructors these programs can be implemented to assist with adult enrollment, specialty classes/seminars, income generators and potentially becoming an Urban Defense Solutions instructor. These training offers the Tool, Tactics and Procedures (TTPs) taught to military and law enforcement personnel.



Programs include:

- **Rifle:** Rifle Fighting, Employment, Individual/Team Tactics and more.
- **Pistol:** Tactics, Retention, Employment and more.
- **Knife:** Concealment, Employment, Disarms and more.
- **Defensive Tactics:** Empty Hand Techniques (No belts/No rank)
- **Executive Security:** Mission planning, Searches, Tactical engagements, Escort techniques and more.

Urban Defense Solutions Programs Instructor:

With 22 years in the United States Air Force Security Forces, Mr. Munyon has decades of experience in training military and law enforcement personnel.

Why Train under Michael Munyon?

Personal Body Guard Certification from Security Professionals (<http://www.trisens.com>)

30+ years training in the martial arts

Air Force Security Forces (Law Enforcement/Security Specialist) career field (Master Sergeant)

National and International Instructor certifications

Principles of Instruction (POI) and Air Force "Train the Trainer" certified

Appointed as a Defensive Tactics Instructor from two different Security Forces Squadrons

Graduated the Nevada POST Academy for Corrections

Worked at Warm Springs Correctional Center, NV

Conducted Self Defense seminars at martial arts schools Nationally and Internationally

Partnered with Victim Advocates (SARC) to host 50+ Women's Self Defense Seminars

Criminal Justice Degree

Performed Bouncer/Security duties in Carson City, NV

Deployed to Kuwait, Qatar, Saudi Arabia, Iraq and Afghanistan during military campaigns

Received awards and recognition from Senior Military Leaders for Defensive Tactics programs

Trained in Less than Lethal Force such as Expandable Baton, Pepper Spray and Taser Prior Taser Instructor

Trained in Tactical Vehicle Operations

Small arms trained (Expert)

Trained in Active Shooter

Trained in MOUT (Military Operations Urban Terrain)

Masters Hall of Fame Inductee

Taekwon-Do Hall of Fame Inductee